
Southwestern Baked Beans

Vegetarian Dish

Serves 8 - 10

Quantity	Ingredients	Preparation Notes
2 - 15 1/2 oz cans	Dark Red Kidney Beans	• Preheat oven to 350 degrees
1 - 16oz can	Black Beans	• Rinse and drain beans in colander
1 - 19 oz can	White Kidney Beans	• Place in oven proof casserole dish
1 - 28 oz can	Italian Plum Tomatoes, drained and chopped	• Add remaining ingredients
1 C	Yellow Onion, chopped	• Fold together gently so that the beans do not break up,
2 Lg	Cloves Garlic	• Bake covered for one hour
1/4 C	Molasses	• Remove cover, stir and bake for additional hour
1/4 C	Vinegar	
2 Tbsp	Honey	
2 tsp	Dried Oregano	
2 tsp	Dry Mustard	
1 - 2 tsp	Ground Cumin	
1 1/2 tsp	Ginger	
1 tsp	Red Pepper	
	Salt to Taste	