

From the Manassas Gourmet Club Dinner "South of the Border"

Quantity	Ingredients		Preparation Notes
1 lb 1/2 C 1/2 C 1 Tbsp	Lean Ground Beef Chopped Onion Hot Catsup Chili Powder	•)	Cook ground beef and 1/2 cup onion in a large skillet until beef is browned, stirring to crumble meat. Drain well and return to skillet Stir in catsup, chili powder and salt Place beans in blender and process until smooth Add to beans to meat mixture Bring to a boil then reduce heat and simmer 30 minutes until mixture thickens, stir occasionally Spoon meat mixture into a chafing dish, sprinkle with cheese, 1/2 cup onion and olives. Serve with corn chips
1 tsp 1 15 oz can	Salt Kidney beans, undrained	●●●	
1 C 1/2 C 1/2 C	Shredded Cheddar Cheese (4 oz) Chopped Onion Ripe Olives, chopped	•)	