Red Cabbage

From the Manassas Gourmet Club Dinner "Oktober Fest" 8 - 10 servings

Quantity	Ingredients		Preparation Notes
2 1/2 lbs 3 2 3/4 C 1/2 C 1/4 C 1 Tbsp 1 2 tsp 1/4 tsp	Red Cabbage, shredded Large Cooking Apples, peeled and sliced Large Onions, sliced Boiling Water Red Currant Jam Firmly Packed Brown Sugar Butter Bay Leaf Salt Pepper	0 0 0	Preparation Notes Put cabbage i a Dutch oven with cold water to cover. Let stand 15 minutes and drain Add apples, onions, boiling water, jam, brown sugar, butter, bay leaf, salt and pepper Bring to a boil Combine vinegar and flour, stirring until smooth and gradually add to cabbage mixture Cook stirring constantly until thickened Reduce heat and simmer for 2 hours uncovered Remove bay leaf and serve
1/4 C 1 1/2 Tbsp	White Vinegar Flour		