
Roasted Chick Peas

(Trinidad & Guyana)

From the Manassas Gourmet Club dinner
Caribbean Cruise
Serves 8 - 10

Quantity	Ingredients	Preparation Notes
1 - 1lb can	Chick Peas	• Drain the chick peas and place on a cookie sheet.
	Salt to taste	• Season with salt and cayenne to taste
	Cayenne Pepper to Taste	• Broil for 3 - 5 minutes until golden brown and crunchy