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## Mom's Meatloaf

*Moist and Flavorful*

Ginnie Goheen made this meatloaf and it was always a family favorite. No actual measurements were ever used so the measurements shown are approximate. Shape into the number and size of loaves that you want. Freezes well.

Quantity	Ingredients	Preparation Notes
2 lbs	Ground Beef (low fat content)	• Put ground beef and eggs together in a large bowl.
2	Eggs	• Crush crackers into clear glass bowl or measuring cup.
1 Sleeve	Saltines crushed	• Pour in enough milk to not quite cover the crackers, stir and set aside.
	Milk to not quite cover saltines	• Add other ingredients
1 med	Onion chopped	• Once crackers have absorbed all of the milk, add mixture to meat.
1 med	Green Pepper chopped	• Mix all ingredients together well.
1 1/2 tsp	Salt	• Shape into a loaf or loaves and bake for 45 minutes at 350 degrees.
1 tsp	Pepper	• Mix topping ingredients together and coat top and sides of meatloaf
1 Tbsp	Powdered Garlic	• Return to the oven and bake another 15 minutes or until meat thermometer shows beef well.
1 tsp	Crushed Red Pepper	• Note - the size of the loaf will determine baking time.
Topping		
1/4 Cup	Catsup	
3 Tbsp	Brown Sugar	
1/4 tsp	Ground Nutmeg	
1 tsp	Dry Mustard	