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## French Toasted Ham & Cheese Sandwiches

Sprinkle egg mixture with nutmeg or dry mustard if desired.

Quantity	Ingredients	Preparation Notes
1	Egg	• In pie plate, beat together egg and milk
1/4 C	Milk	• Make four sandwiches with ham and cheese
8 slices	Whole Wheat Bread	• Dip both sides in egg mixture
4 slices	Edam or Gouda Cheese	• Grill on hot, well buttered griddle until golden brown on both sides
4 slices	Ham	• Serve hot
	Butter or Margarine	