
Frijoles Refritos

Refried Beans

These beans are served with most Mexican meals. By putting a bit of bacon fat in a frying pan, they can be reheated over and over again with the flavor improving each time. Serves 4.

Quantity	Ingredients	Preparation Notes
2 T	Bacon Fat	• Heat bacon fat in a frying pan
2 C	Cooked Mexican Beans	• Add beans and a little liquid.
1/2 C	Cheddar Cheese, shredded	• Mash well.
		• Fry for a few minutes, turning to prevent burning until a thick paste is formed.
		• Top with cheese and serve.