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## Chili

*From Jeanette's recipe cards*

Quantity	Ingredients	Preparation Notes
3 Tbsp	Salad Oil	
1	Onion Chopped	• Sauté onion in oil.
1 lb	Hamburger	• Brown hamburger
1 can	Kidney Beans	• Add kidney beans, tomato sauce and sautéed onion
1/2 tsp	Salt	• Add water to chili powder
1 can	Tomato Sauce	• Add flour and salt to chili powder mixture, stirring to make a paste.
1 Tbsp	Chili Powder	• Add chili powder mix to ground beef
1 1/2 tsp	Flour	• Cook at least 45 minutes
1 Tbsp + 1 1/2 tsp	Water	