
Beef Cheese Casserole

Easy family meal

This came from Chris Segulja of Houston

Quantity	Ingredients	Preparation Notes
1 1/2 lb	Ground Beef	• Brown beef and onion in skillet
A	Onion Chopped	• Drain excess fat
1 tsp	Salt	• Add salt, pepper, tomato sauce and simmer for 10 minutes.
1/8 tsp	Pepper	• Combine cottage cheese, cream cheese, sour cream, green pepper and green onion.
2- 8 oz cans	Tomato sauce	• Cook noodles and drain
1 Cup	Cottage Cheese (small curd)	• Place half of the noodles in a greased 3 qt casserole dish
8 oz pkg	Cream Cheese	• dd cheese mixture
1/4 Cup	Sour Cream	• Add remaining noodles
1/4 Cup	Green Pepper	• Pour beef mixture over noodles
1/4 Cup	Chopped Green Onion	• Bake at 350 degrees for 30 minutes
1 8 oz pkg	Noodles	