Pastel de Pecana

Pecan Cake with Honey Glaze

From a Gourmet Club - serves 6 - 8. Note: Glaze will be sticky. Use a sharp knife warmed in

hot water and dried to cut.

Quantity	Ingredients		
	Cake	To Make	Cake:
4 1/2 C	Eggs, separated Unsalted butter, melted and cooled	•)	Lightly or squar
1/2 tsp	Vanilla		In a sm /anilla.
2/3 C Pinch	Sugar Salt	•) (Add 1/3 creamy In a lar
2/3 C 1/3 C	Pecans, finely ground Flour		of salt ur Continu
	Honey Glaze	á	at a time
2 Tbsp 1/2 C	Butter Honey		Fold 1/3 ighten. Fold th

Lightly butter and flour one 8" or 9" pan - round or square

Preparation Notes

- In a small bowl, beat egg yolks, butter and vanilla.
- Add 1/3 cup sugar and beat until thick and creamy
- In a larger bowl, beat the egg whites with a pinch of salt until frothy.
- Continue to beat adding the remaining sugar 2 T at a time until stiff peaks form
- Fold 1/3 of stiff whites into the yolk mixture to lighten.
- Fold the yolk mixture into the remaining stiff whites.
- Combine the nuts and flour.
- Sprinkle or sift 1/3 of flour mixture into egg mixture, folding after each addition until all of the flour and nut mixture has been added.
- Pour into pan
- Bake at 350 for 30 minutes 8" pan or 25 minutes for 9" pan.
- Let stand ten minutes and then turn out onto a wire rack, top up and cool one hour before glazing.

To Make Glaze:

- Melt butter in a saucepan.
- Add honey and bring to a frothy boil.
- Reduce heat to medium and allow to boil for 3 4 minutes
- Cool then pour over cake while the glaze is still warm, allowing glaze to drip down the sides.