

Butter Keeflies

Light dough with nut filling

Lori's Mom introduced us to this recipe handed down through her Hungarian family. Keeflies instantly became a favorite made each Christmas. These keep well or may be frozen

Quantity

Ingredients

Dough

4 Cups Flour 1/2 Cup Sugar 1 tsp Salt

3 Egg Yolks (Reserve whites)

1/2 Cup Butter 1/2 Pint Sour Cream

Filling

1 lb Walnut meats chopped fine

3/4 Cup Milk 1 Cup Sugar 3 Egg Whites 1 tsp Vanilla

Confectioners Sugar

Preparation Notes

- Make dough first.
- Combine flour, sugar and salt.
- Blend in butter.
- In center put egg yolks and sour cream. Fold ingredients together.
- Shape into balls about the size of walnuts
- Refrigerate 3 hours or overnight
- Make Filling Put nuts, milk, sugar, and egg whites in a sauce pan.
- Cook together until slightly thickened, stirring constantly.
- Add vanilla
- Cool, may be refrigerated.
- Roll individual balls of dough out on floured board
- Place 1/2 tsp to 1 tsp of nut filling on dough
- Roll and crimp ends, curving slightly, so that it looks kind of like a wrapped candy.
- Bake at 350 degrees for 20 minutes
- Dust with confectioners sugar.